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✓ **CHECKLIST...** for patients requiring surgery

- Hand in your consent form to the secretary (Mary).
- Speak to Mary about available surgery dates.

My surgery date and time: _____, at _____.
(which hospital?)

- Get pre-op date from Mary. Read over pre-op package. Go to pre-op appointment.

My pre-op date and time: _____, at Hamilton General.

- Pick up required brace/cold pack/compression stockings (if indicated) from Drury Lane Physio- 2250 Fairview Street, Burlington. Lower Level.

- If your insurance will be paying for the equipment, submit prescriptions to them.

- If you are having a PRP injection during surgery:
 - paying out of pocket? ... submit payment to Mary before your surgery.
 - WSIB or insurance coverage? ...submit PRP letter and prescription to your provider early on. Inform Mary if your coverage is approved.
 - Car accident coverage? ...contact our office regarding OCF treatment form.

- If you need a note or form for time off work, request "Forms Cover Sheet" from our office and submit it as soon as possible. It takes 2 weeks to process this.

- Call fracture clinic to arrange your first follow-up visit (call now to book for 2 weeks after surgery- (905) 527-4322, x. 46260).

My follow-up date and time: _____, at Hamilton General, Fracture Clinic.

- Arrange your first physiotherapy assessment, as indicated on your prescription. Ideally, you should have your first consult at Drury Lane Physio- (905) 631-7779.

- Pick up your Percocet and Gravol prescriptions from the pharmacy. You may take these medications as needed for the first 2 weeks after surgery.

- Bring your brace/cold pack/compression stockings with you on the day of surgery. Arrive 2 hours early.

That's all... you are now ready for your surgery!